



PARK HILL PRIMARY SCHOOL

LOWER EASTERN GREEN LANE, COVENTRY - CV5 7LR

TEL: 024 7646 6669 - EMAIL: adminstaff@parkhill.coventry.sch.uk

School website: www.parkhillprimaryschool.co.uk

Headteacher: Mr P Griffin

RE: Year 6 Parent Workshop

Dear Parent/Carer,

During the summer term we have been lucky enough to be chosen as one of seven schools across the city to take part in the Primary Mental Health Service (Coventry) Enhanced Project. The service are an NHS and Mind service, part of Rise, run as a service to offer training and support to schools.

As part of this project the team will be running workshops and training sessions and we have asked them to run a workshop aimed specifically at Year 6 children and exam stress. As much as we try to help your children reduce the worry they feel over testing we know for many children this is a time of great anxiety with many changes on the horizon.

This workshop is for parents to attend and we felt that with SATs coming up this would be the right time to offer this out to you. The team are able to offer advice and strategies to help support children when dealing with stress and anxiety and will be available to talk to briefly afterwards if you have any unanswered questions.

The workshop will take place on **Thursday 2nd May 2019 at 9:00am** and will last approximately **1 hour**.

This is the only opportunity we have to access this service and we would like to make sure we use this as successfully as possible. It is such a worthwhile session to attend and we would love to see you there!

If you are able to attend please scan the QR code below or click on it if accessing from a mobile or tablet and let us know how many people to expect to give us an indication of numbers.

Looking forward to seeing you there!

Vikki King
Inclusion and Additional Needs Leader
Park Hill Primary School

