



PARK HILL PRIMARY SCHOOL

LOWER EASTERN GREEN LANE, COVENTRY - CV5 7LR
TEL: 024 7646 6669 - EMAIL: adminstaff@parkhill.coventry.sch.uk
School website: www.parkhillprimaryschool.co.uk
Headteacher: Mr P Griffin

Dear Parent / Carers,

We are delighted to inform you that our school is working in collaboration with the Primary Mental Health Service (Coventry) who are part of Rise which is an NHS and Mind service. They are supporting to take a whole school approach to mental health and emotional wellbeing of our young people.

This Enhanced Project for School will involve young people and school staff. The aims of the project are to:

- Increase awareness and understanding of mental health
- Reduce the stigma & misconceptions
- Improve the skills and attitudes of staff
- Build resilience & problem solving skills in young people and staff

As part of this project, pupils from Years 1 to 6 will participate in various different classroom sessions within school which aim to increase children's emotional and academic resilience. It will be delivered by mental health professionals who are training up selected school staff. This means that the school can continue to deliver it after the project is finished. There will also be an opportunity to attend a parent workshop with details to follow. There is growing evidence suggesting that increasing emotional wellbeing and resilience in young people leads to positive health outcomes and better academic results.

If you have any concerns or questions regarding this service please contact the school. We hope that you agree that this is a very exciting and worthwhile project and one that is becoming increasingly relevant due to the everyday challenges young people are faced with.

Yours Sincerely,

Vikki King
Inclusion and Additional Needs Leader
02476 466669