

# Positive Family Foundations

## An online Family Learning course for parents

These free sessions are for parents/carers with primary aged children.

We will:

- Learn about and reflect on our own and other family units
- Look at practical examples focused on raising well-behaved, happy, safe and secure children
- Investigate general theory on parenting styles and family groups
- Consider how we as parents/ carers use rewards, consequences, rules and expectations

The sessions are focused on practical information, activities, and resources for you to use at home with your family – encouraging a Positive Family Foundation!

**Where:** There are 2 Positive Family Foundations courses this Spring Term:

- An online recorded course to download to watch wherever and whenever suits you
- An online live interactive course delivered by a tutor on Mondays 12.30-1.30pm

**When:** Week beginning 11/1/20, lasting for 10 weeks

**How:** Enrol through the QR code or search for 'Family Learning' on our website

<https://adulteducation.a365hosted.com/PSWebEnrolment/webenrolment.aspx?page=%7e%2fwebcontrols%2fsearch.ascx>

To find out more contact:

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Family Learning – programmes that promote strong positive relationships within families; enabling parents and carers to support their children's learning and development.