



## Coventry intervention: Accessing local resources and top tips for common difficulties for carers of school age children waiting for assessment for ASD or ADHD

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**At the moment, this is available for those people with a COVENTRY GP ONLY. You cannot self-refer for this intervention. Please discuss the possibility of a referral with a professional and they can make a referral to our services using our usual referral forms, requesting this intervention.**

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### What you will learn

The group aims to:

- Give you information about the general characteristics and behaviours commonly shown in a child with a neurodevelopmental disorder including ADHD and ASD;
- Share ideas of how to support your child whilst they await assessment;
- Share practical tips for family or carers to make adjustments to routines and strategies which may make positive impact on children's behaviour;
- Offer information about local and national support services who can be contacted for further information following this session.

### How you will learn

This is an information session so it will be mainly listening to information given by the facilitators. All the parents at the workshop will be facing similar problems with their children's difficulties. Although we might ask for examples of difficulties, there will not be time to go into any detailed analysis of the problems of any one child and you will not have to talk to the group as a whole unless you want to give an example.

### Who will lead the workshop?

This intervention is offered by a number of our clinicians, including the following:

Claire Fenton or Natalie Hall will lead the session.

**Claire Fenton, Neurodevelopmental Nursery Nurse** - Claire's role within the team is to run a variety of groups for children and parents/carers, including the Cygnet autism course for parents of newly diagnosed children and pre-diagnosis information sessions. She conducts developmental assessments of our youngest children and provides psychological therapy for young children.

Claire has also provided training and consultations to colleagues within Integrated Children's Services. Claire has worked for the NHS for the past 20 years - as part of the Child and Adolescent Mental Health Team, then joining the Neurodevelopmental Service in 2014. During this time she has worked with a wide range of children with a variety of emotional and behavioural difficulties as well as children with various disorders. Claire has specialised in working with children with autism and other neurodevelopmental problems.

**Natalie Hall, Neurodevelopmental Practitioner** - Natalie's role within the team is to run a variety of groups for children, and parents/carers. These include the Cygnet Autism course for parents of newly diagnosed children, pre-diagnosis information sessions and an anxiety group for children and young people. Natalie has worked for the NHS for 10 years, working within the Child and Adolescent Mental Health Service before joining the Neurodevelopmental Service in 2014.

### **Training for excellence in the NHS**

Sometimes we will also have trainees and students observing us in the sessions so they can learn about our work and develop their skills. This is a very important part of their training but if you or the young person would prefer not to have them in a session, please let us know when you arrive for the appointment.

### **Practical arrangements**

Due to commissioning arrangements this intervention is available for those with a COVENTRY GP ONLY. When you arrive for your session, please check in at our reception desk and a member of the team will meet you there.

### **Childcare**

Unfortunately we are unable to offer any childcare provision.

### **How to book**

After your referral is accepted, you will be invited to book onto this intervention by calling our admin team on 024 7696 1226.

Neurodevelopmental Service  
024 7696 1226